

## Hope Alive Australia Services

### Group Therapy

Hope Alive Group Therapy is a unique program specially designed to heal men and women impacted by abuse, neglect and/or unresolved pregnancy losses including abortion.

### Training

Hope Alive Level 1 Training is undertaken as an intensive in a residential context. The experiential nature of the course enables trainees to acquire practical skills and understand what counselees will experience. Trainees also study the conceptual framework and scientific data upon which Hope Alive is based as well as learn about themselves.

### Education

Hope Alive Australia provides workshops, conferences, professional development and peer support.

### Research

Hope Alive Australia counsellors are committed to collecting data, using treatment questionnaires, pregnancy loss and childhood mistreatment questionnaires. The survey information is collated and used in research at Mt Joy College, Canada.

**Hope Alive Australia  
impacting lives,  
families and  
communities.**



## Our Services

Hope Alive Australia provides a number of services:

- Group Therapy
- Hope Alive Level 1 Training
- Education
- Research

Our counsellors consist of professional and experienced therapists who are committed to the highest professional and ethical standards.

**Head Office: Perth**

**M:** 0406 628 356

**E:** [info@hopealiveaustralia.com.au](mailto:info@hopealiveaustralia.com.au)

**W:** [www.hopealiveaustralia.com.au](http://www.hopealiveaustralia.com.au)



## Hope Alive Australia

Specialising in abuse,  
neglect and unresolved  
pregnancy loss including  
abortion



Hope Alive Australia



# Hope Alive Australia

**Hope Alive Group Therapy** is a comprehensive in depth counselling program, that takes a person further and deeper than any existing programs for childhood abuse, neglect and/or unresolved pregnancy loss. It helps people to identify painful areas of their past i.e. look at past trauma, fears, defence mechanisms, anger and recognise their roots and trace their respective triggers. Counselees gain insight from their re-enactment of unresolved conflicts. Hope Alive teaches counselees assertiveness, healthy behaviours, how to grieve, deal with guilt, anger and manipulation and work towards reconciliation. Hope Alive Group Therapy was developed after years of clinical research and clinical practice by Canadian psychiatrist Dr. Philip Ney. See our website for additional information.



## The injury within

*"The overwhelming need may not be readily apparent, yet careful clinical observation and research indicate there are millions of people in every country deeply wounded by confusing conflicts, intense emotions, personality handicaps and progressive dehumanization resulting from **unresolved pregnancy losses and abuses**. Many people are able to keep up a façade of health, but they quickly decompensate with physical complaints or psychiatric disturbances in time of relatively minor crisis."*

Professor P. Ney MD FRCP(C) MA RPsych, Founder,  
Hope Alive

*"I have experienced significant healing and learnt new skills to help me deal with life and people."*

*Sarah age 36*

## Can you identify with...

- depression
- anxiety
- bouts of crying
- emotional numbness
- nightmares
- flashbacks
- guilt, shame, blame
- loss of purpose and identity
- outburst of anger and rage
- feeling lonely and being alone
- obsessive thoughts
- discouragement
- difficulty giving and receiving love

